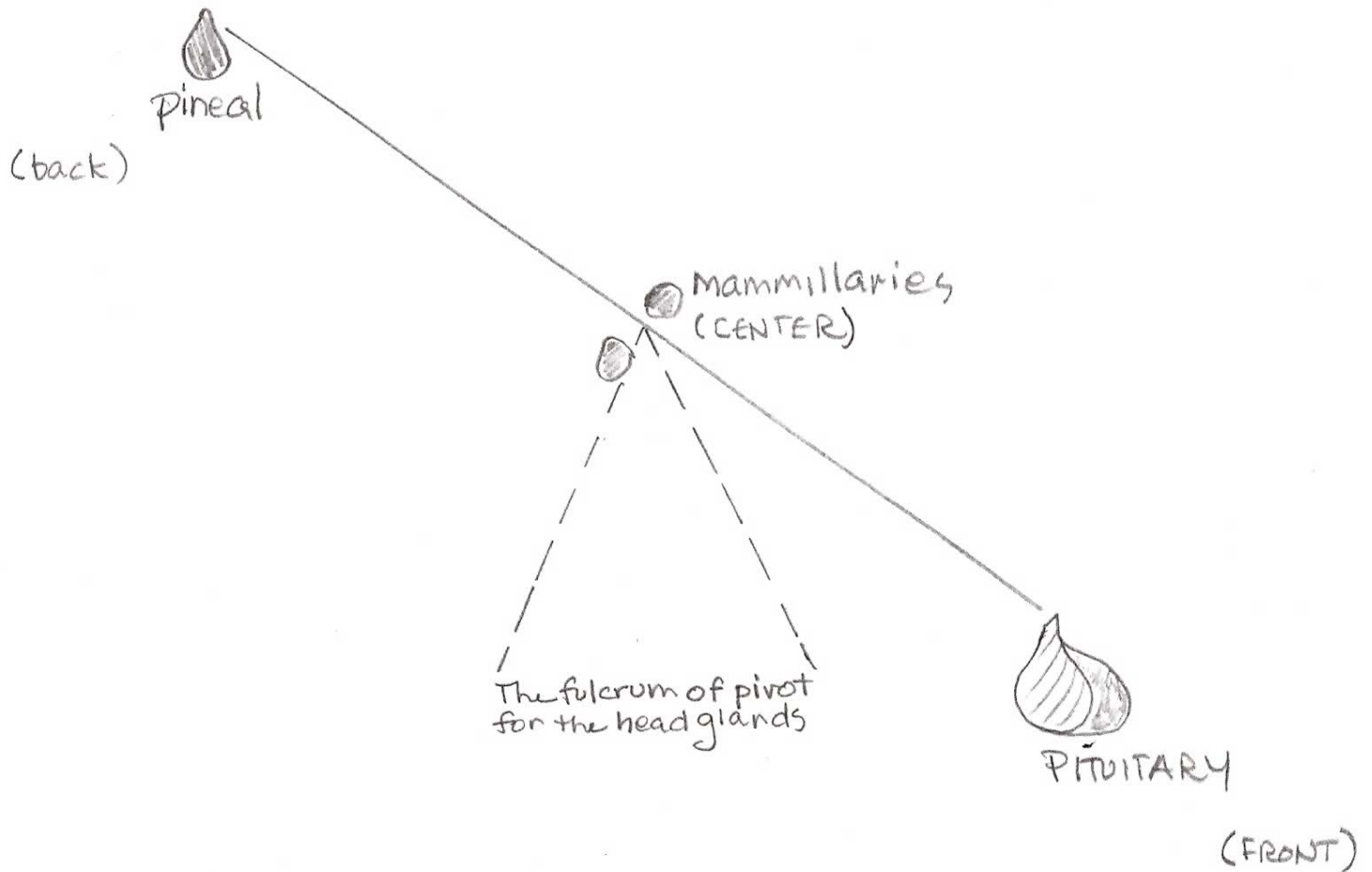


Mammillary Glands are the fulcrum for  
Pituitary + Pineal Glands



The anatomical diagonal of these 3 major glands of the head has pituitary lowest and front, mammillaries are central and lower in space than the pineal in the back head.

Feel for pituitary + pineal as two ends of a see-saw they rotate up + down with the mammillaries as the fulcrum.

Pineal and pituitary relate to ajna chakra  
Mammillaries relate to sahasrara